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FORMULA 19

Formula 19 is developed to give a general form to Failed Help and O/W running.

It is better to use this than Pre-session 37 for long runs. Pre-session 37 must be done. Formula 19 is, however, a better case digger as it improves case up to where pc realizes he has witholds. As a case improves it becomes more aware of overts and witholds since the overts "unlessen" and the case responsibility rises.

Formula 19 improves responsibility and brings up awareness of witholds and improves the case.

Formula 19 consists of Who/What Two Way Failed Help and general O/W, about a ten minute or a to present time run for each.

The commands are:

"Who has failed to help you?"  
"Who have you failed to help?"  
"What has failed to help you?"  
"What have you failed to help?"

The above commands are run consecutively.

"What have you done?"  
"What have you witheld?"

L. RON HUBBARD.

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